#### UW Nuclear Medicine Clinical Case Conference – DS1226 CME Disclosure Statement



I, Dr. \*Yuyang Zhang\* have no financial relationships to disclose.

\*If there is a financial relationship to disclose, please replace "no financial relationships" with the name of any commercial entity with which you or your spouse/partner have an affiliation. Otherwise, delete this smaller print before including as the first slide in your case conference presentation.

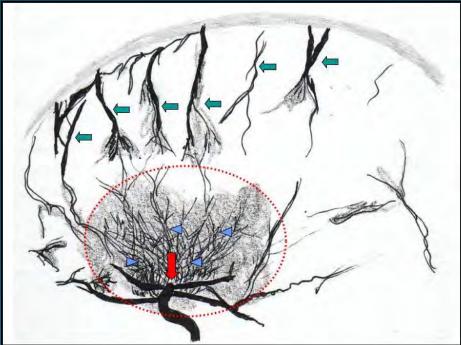


## Moyamoya disease

• What the meaning of Moyamoya?

- It is Japanese.
- Angio have the appearance of a "puff of smoke" ("もやもや (moyamoya)" in Japanese) due to small collaterals

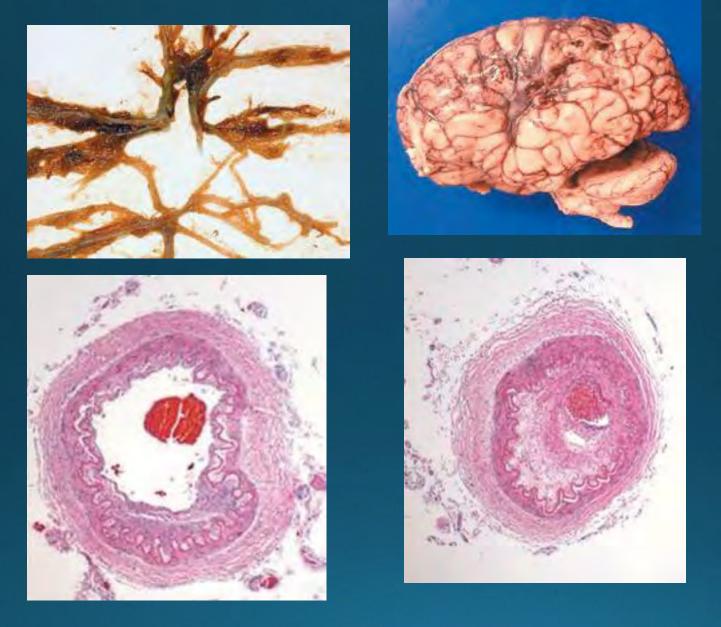




Jiro Suzuki, Akira Takaku. Cerebrovascular "Moyamoya" Disease: Disease Showing Abnormal Net-Like Vessels in Base of Brain. Arch Neurol. 1969;20(3):288-299.

## Moyamoya disease

- progressive cerebrovascular disorder caused by blocked arteries in the basal ganglia, primarily in the internal carotid artery
- primarily affects children, also occur in adults
- the first symptom of Moyamoya disease: stroke, or recurrent transient ischemic attacks
- disturbed consciousness, speech deficits (usually aphasia), sensory and cognitive impairments, involuntary movements, and vision problems
- inherited genetic abnormalities or acquired



From Stanford moyamoya surgery website

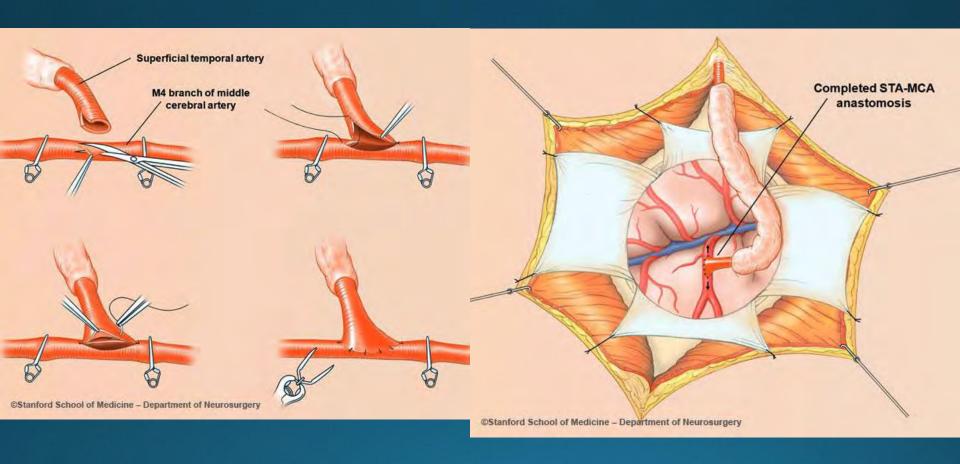
#### treatments

The same concept: a blood and oxygen "starved" brain reaching out to grasp and develop new and more efficient means of bringing blood to the brain and bypassing the areas of blockage

#### Direct revascularization.

**-STA-MCA** procedure (the treatment of choice) - the scalp artery (superficial temporal artery or STA) is directly sutured to an artery on the surface of the brain (middle cerebral artery or MCA)

#### STA-MCA bypass surgery illustrations

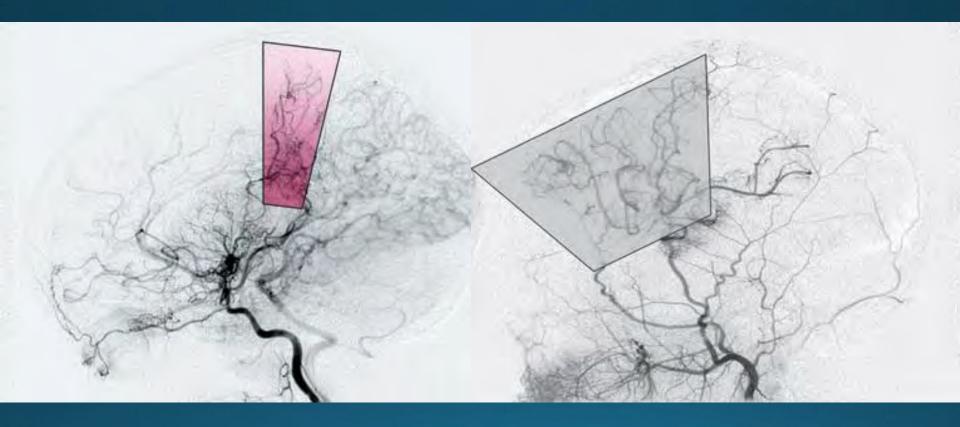


From Stanford moyamoya surgery website

#### Indirect revascularization

- EDAS (encephaloduroarteriosynangiosis)
- the **EMS** (encephalomyosynangiosis)
- multiple burr holes procedure

#### One year post surgery

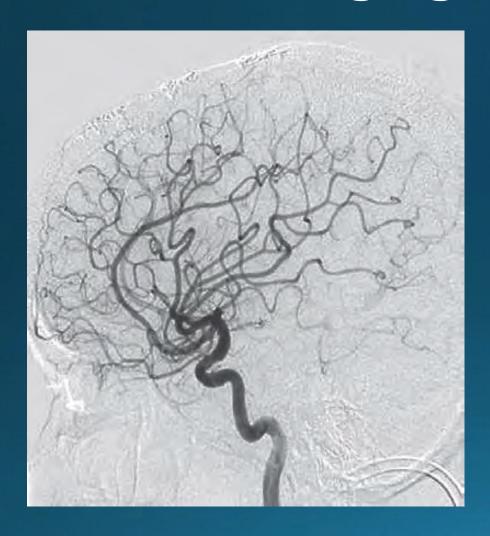


Moyamoya Disease and Moyamoya Syndrome N Engl J Med 2009;360:1226-37

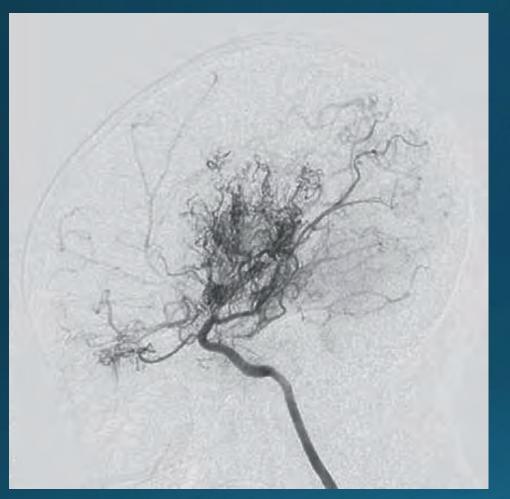
## Diagnosis

- initially suggested by CT, MRI, or angiogram
- MRI and MRA should be performed for the diagnosis and follow-up of moyamoya disease
- Diffusion-weighted imaging useful to follow up
- nuclear medicine studies such as SPECT to demonstrate the decreased blood and oxygen supply to
  - areas of the brain involved with moyamoya disease
- Conventional angiography is the gold standard

## Cerebral Angiogram

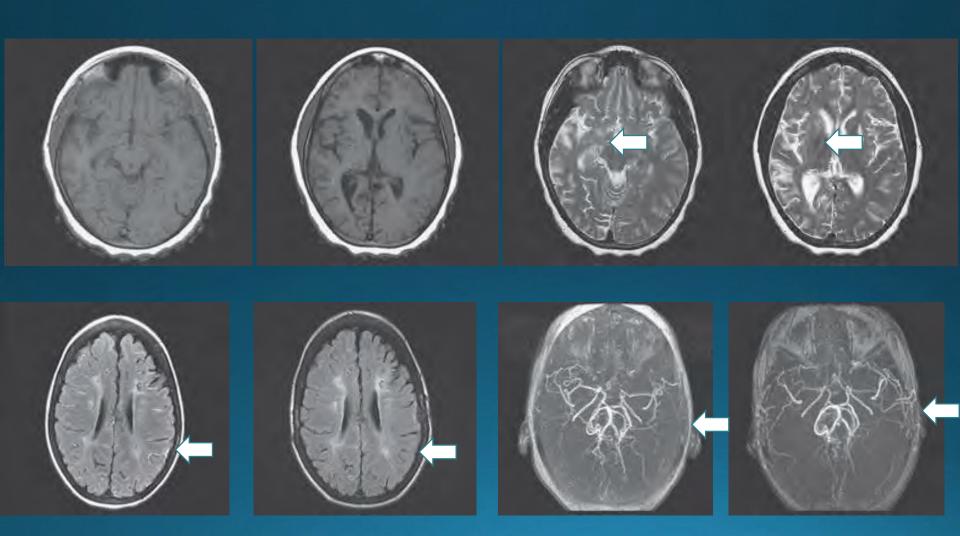








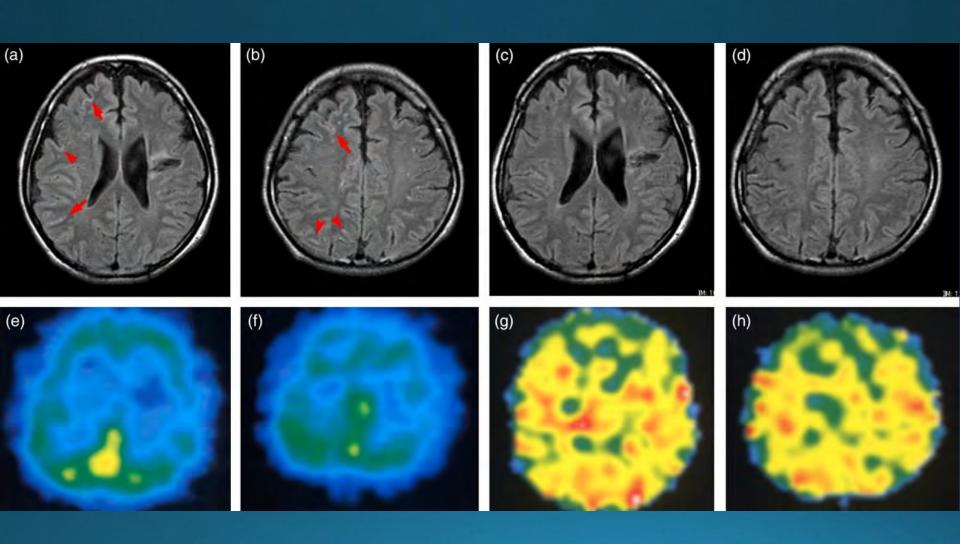
# Moyamoya Disease and Moyamoya Syndrome N Engl J Med 2009;360:1226-37



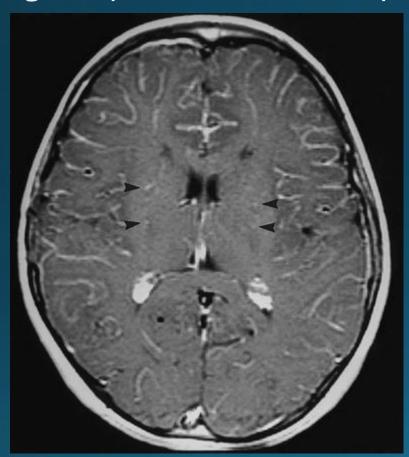
## 'ivy sign'

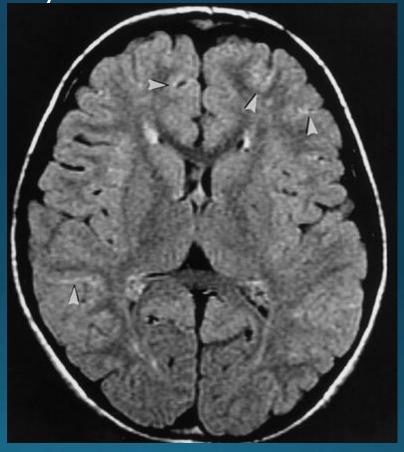
- diffuse leptomeningeal enhancement on post-contrast MR or FLAIR images
- the pattern of contrast enhancement resembled ivy creeping across stones
- disappears or decreases after successful bypass surgery





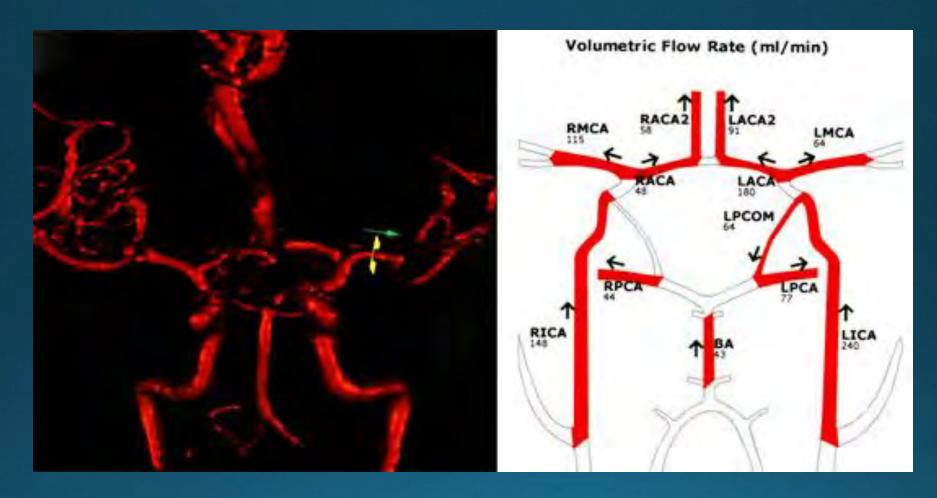
Gadolinium-enhanced T1-weighted images are superior to FLAIR MR images for depicting the ivy sign in patients with moyamoya disease.





Ivy signs on FLAIR images before and after STA-MCA anastomosis in patients with Moyamoya disease. Acta Radiol. 2011 Apr 1;52(3):291-6

## MRI/Nova



from Stanford moyamoya surgery website

## Summary

- Moyamoya is japanese=puff of smoke
- 6 grades by severity
- Direct or indirect bypass surgery
- Ivy sign on MR
- Post contrast T1 is superior to FLAIR in detecting Ivy sign

#### References

- Moyamoya Disease and Moyamoya Syndrome N Engl J Med 2009;360:1226-37.
- Ivy signs on FLAIR images before and after STA-MCA anastomosis in patients with Moyamoya disease. Acta Radiol. 2011 Apr 1;52(3):291-6
- Stanford moyamoya surgery website.

## Thanks!

